



## **Cooked Gammon Ham**

Cured Cooked Boneless Gammon Ham Slices

Chilled | Meats & Meat Products

Pack Size: **500G PACKS (15PACKS IN BOX)**

Inner Barcode: **5023616423150**

Outer Barcode: **05023616423105**

Last Updated: **11-07-2019**

## Ingredients & Allergens

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### Country of Origin

United Kingdom

### Ingredients

Pork (100g of pork per 100g of finished product), Water, Cure (Modified Waxy Maize Starch, Salt, Stabiliser (Triphosphates), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)), Salt, Preservatives (Sodium Lactate, Sodium Acetate).

### Nutrition - Typical per 100g

Energy	495 kJ 118 kcal
Fat	4.1 g
- of which saturates	1.4 g
Carbohydrates	0.5 g
- of which sugars	0 g
Fibre	0 g
Protein	17.7 g
Salt	2.6 g

## Dietary

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### Suitability

Suitable for a Vegetarian Diet	No	Approved for a Halal Diet	No
Suitable for a Vegan Diet	No	Approved for a Kosher Diet	No
Suitable for Sufferers of Lactose Intolerance	Yes		
Suitable for Coeliacs	Yes		

### Contains

Contains GM Protein/DNA	No	Contains Cereal	No
Contains Celery	No	Contains Wheat	No
Contains Lupin	No	Contains Rye	No
Contains Eggs	No	Contains Barley	No
Contains Fish	No	Contains Oats	No
Contains Soybeans	No	Contains Spelt	No
Contains Milk	No	Contains Kamut	No
Contains Mustard	No	Contains Sulphur Dioxide and Sulphites	No
Contains Peanuts	No		
Contains Sesame Seeds	No		
Contains Crustacea	No		
Contains Molluscs	No		
Contains Nuts	No		
Contains Almonds	No		
Contains Hazelnuts	No		
Contains Walnuts	No		
Contains Cashew Nuts	No		
Contains Pecan Nuts	No		
Contains Brazil Nuts	No		
Contains Pistachio Nuts	No		
Contains Macadamia Nuts	No		
Contains Queensland Nuts	No		
Contains Gluten	No		
Contains Artificial Antioxidants	No		
Contains Artificial Colours	No		
Contains Artificial Flavourings	No		
Contains Artificial Flavour Enhancers	No		
Contains Artificial Preservatives	No		
Contains Artificial Sweeteners	No		

## Handling & Cooking

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### Directions for Use

Product is ready to eat; Remove the product from the packaging before consuming for sliced products

### Storage Instructions

Keep refrigerated at 2Â°c - 5Â°c

## Packaging

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### Primary packaging type

Acetate Tray

### Primary packaging dimensions (mm)

239 x 29 x 167

### Primary packaging weight

500G PACKS (15PACKS IN BOX)

### Outer packaging type

Case

### Outer packaging dimensions (mm)

400 x 320 x 210

### Outer packaging weight (kg)

0.45

**Disclaimer:** All information is subject to change without notice. Our product details, including but not limited to, product names, descriptions, specifications and images, is not intended to constitute the full legal description of the products, and does not necessarily include all information. Country Range may change product specifications or information at any time and such amendments may not be updated

online immediately. For full and up-to-date details including allergens, please refer to the product packaging.